Who am I? Dr Hamish D. Greig

GP Out of Hours, Angus.

Formerly a GP Principal in Brechin, 22yrs
Previous Chair of The Scottish Association of Community Hospitals (SACH)
What sort of Area do I come from?

Brechin, Angus
A City; Pop 8,000
Rural Community
Community Hospitals in rural practice, Scotland
Hemavan April 2009

Portrait of a Brechin GP - D Waterson
Patron: King Gustav

Community Hospitals in Scotland
Ultrasound Courses
Remote & Rural Working Group
Remote & Rural Training Pathways
Brechin
IN 1878, Brechin Parochial Board erected a parish almshouse/poorhouse on Infirmary Street, replacing an earlier one on City Road. It was locally known as the "puirs' hoose" or the "grubber" and was originally intended to accommodate 100 inmates who included the "respectable poor" who included some disable, a few orphans, and the "feeble-minded". Locally remembered characters included "Daft Jimmy" and "Ecky Serafina" with their stick barrow. Casual vagrants were also accommodated in a separate section of the building. In 1908, the building accommodated 76 inmates with staff comprising a Matron and three servants.
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The Final Report of the Remote & Rural Workstream

30th November 2007

Healthier Scotland (Scottish Government) Nov 2008
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Rural Areas

- One fifth of the Population
- One half of the land mass
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Rural Training pathways for Doctors

Rural Primary Care; within Community Health Partnership incl Community Hospitals and or Rural Gen Hospital

Patients: have Greater distances; but same problems mostly.

More Suicides; Accidents; Alcohol problems; More Palliative Care; More Care generally within the Locality & > Seasonal Population Changes

But Less use of Specialist Hospital services;

Later Presentations eg for CA Lung & bowel, & poorer prognosis
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Rural Training pathways for Doctors

Community Hospital practitioners
Multiple roles & Hospitals function at different levels
Competences required? Clinical/or management
Emergency medicine, Acute/general (internal) medicine, (Care of the Elderly, Orthopaedics,)
Rehabilitation and Palliative care
whilst some will require Obstetrics, Paediatrics and Psychiatry, (ENT, Eyes, Gynae, Dermatol, FP/STI)
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General Practitioners with a special Interest (GPwSi)

Community Hospital practitioners – Several roles?

• Emergency medicine, Immediate Care,
• Acute/general (internal) medicine,
• (Care of the Elderly, Orthopaedics,)
• Rehabilitation and Palliative care,
• Obstetrics, Paediatrics and Psychiatry,
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General Practitioners with a special Interest (GPwSi)

Community Hospital practitioners – roles? Continued.

• Ear Nose & throat
• Ophthalmology
• Gynaecology /Family planning- IUCD /Hysteroscopy
• Minor Surgery
• Ultrasound ..............etc ad infinitum..Drug misuse..
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Rural Training pathways for Doctors

The Remote and Rural Workforce

<table>
<thead>
<tr>
<th>Current</th>
<th>Future</th>
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</thead>
<tbody>
<tr>
<td>Primary Care team</td>
<td>Extended Community Care teams</td>
</tr>
<tr>
<td>- fragmented</td>
<td>•- integrated</td>
</tr>
<tr>
<td>- different organisations</td>
<td>•- partnership working</td>
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<tr>
<td>- duplication</td>
<td>•- seamless care</td>
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<tr>
<td>- reactive care</td>
<td>•- Anticipatory care</td>
</tr>
</tbody>
</table>
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University Undergraduate Training

Foundation years 1st & 2nd Post grad

General Medical Council
Mod Med Careers

Specialist training 1
Specialist training 2
Specialist training 3
May become 5 years To GP Specialist
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Foundation years
1st & 2nd Post grad

General Medical Council
Mod Med Careers

Specialist training 1
Hospital posts
?generic

Specialist training 2
Hospital Posts
?selected

Specialist training 3
GP placement
12-18 months

May become 5 years
To Specialist
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Foundation years
1st & 2nd Post grad

General Medical Council
Mod Med Careers

Specialist training 1
- Hospital posts
  - generic

Specialist training 2
- Hospital Posts
  - selected

Specialist training 3
- GP placement
  - 12-18 months

May become 5 years To Specialist

Urban Practice
Delivering for Remote and Rural Healthcare

1. Foundation years 1st & 2nd Post grad

2. General Medical Council Mod Med Careers

3. Specialist training 1
4. Specialist training 2
5. Specialist training 3
6. GP Specialist Training

7. GP placement 12-18 months
8. GP Rural Fellow 12-18 months
9. Urban Practice
10. Rural Practice
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Foundation years
1st & 2nd Postgrad

General Medical Council
Mod Med Careers

Specialist training 1
Specialist training 2
Specialist training 3
GP Specialist Training

GP placement 12-18 months

GP Rural/CIT Fellow 12-18 months
Urban Practice

Rural Practice
Community Hospitals
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Rural Training pathways for Doctors

The Remote and Rural Workforce

**Commitment**

This model of care for remote and rural communities, incorporating formal working links between remote and rural areas and those in larger centres, should be introduced.
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**Sustainable Secondary Care**

- Patients should expect to be able to access core secondary care services as close to home as possible

- and only travel for those more specialised services that cannot be provided locally.
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Rural Training Pathways for Doctors

Sub Group for GPs working in Community Hospitals

Generalist needs but more than "ordinary GPs" – requires more of the specialist training or more training with GPs who are practising this way. Eg GP Fellows Rural already exist? Community Hospital fellows.

RCGP/SACH Training Map for GPs with Community Hospitals
The Cuillins, Skye.

Thank you